Design of Few-Mode Fibers With Up to 12 Modes and Low Differential Mode Delay

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ABSTRACT
In this paper, we investigate the design of few-mode fibers (FMFs) guiding 4 to 12 non-degenerate linearly polarized (LP) modes with low differential mode delay (DMD) over the C-band, suitable for long-haul transmission. The refractive index profile considered is composed by a graded-core with a cladding trench (GCCT). The optimization of the profile parameters aims the lowest possible DMD and macro-bend losses (MBL) lower than the ITU-T recommendation. The optimization results show that the optimum DMD and the MBL scale with the number of modes. Additionally, it is shown that the refractive-index relative difference at the core center is one of the most preponderant parameters, allowing to reduce the DMD at the expense of increasing MBL. Finally, the optimum DMD obtained for 12 LP modes is lower than 3 ps/km.

Keywords: Few-mode fibers, differential mode delay, refractive-index profile.

1. INTRODUCTION
Mode-division multiplexing (MDM) over few-mode fibers (FMFs) is emerging as an attractive solution for the impending capacity crunch of single-mode fibers (SMFs) [1] with potential cost, space, and energy savings [2]. However, FMFs require the usage of multiple-input multiple-output (MIMO) equalization to compensate for the combined effect of differential mode delay (DMD) and modal crosstalk (XT), which originates a channel impulse response (CIR) spread over time [3]. Consequently, the additional processing complexity partially erodes the benefit of deploying FMFs. It has been shown in [4] that, considering similar levels of complexity for nonlinearity mitigation in a standard SMF (SSMF), only FMF systems with 4 or more LP modes offer an actual capacity increase. Therefore, in this paper we investigate techniques to design FMFs with low DMD over the C-band from 4 to 12 LP modes.

In the literature, two different schemes have been proposed to limit the accumulation of DMD in FMFs with x modes (xM): the usage of inherently low DMD FMFs (ILD-FMFs) [5], and the usage of DMD compensated FMFs (DC-FMFs) (FMFs with positive DMD followed by FMFs with negative DMD) [6]. The main target in this paper is a DMD lower than 12 ps/km over the C-band, since this is the DMD required for 2000 km of MDM transmission at 100 Gb/s using an overhead of up to 10% [3]. The design of DC-FMFs with more than 2M requires the concatenation of a large number of FMFs with different DMDs, thereby imposing difficulties in the field deployment, compared to ILD-FMFs [7]. Therefore, in this paper we investigate only ILD-FMFs. The xM-ILD-FMFs reported in the literature show lower DMD over the C-band than the GCCT profile for 4M and 6M, obtaining DMD values of 5 and 10 ps/km, respectively, over the C-band. Therefore, further improvement in the design of ILD-FMFs is required, in order to achieve cost-effective long-haul transmission systems.

In this work, the optimization of a GCCT profile is performed for 4M to 12M, with the objective of obtaining a DMD lower than the 12 ps/km over the C-band requirement. The optimization of the GCCT profile presented in this paper reviews and extends the work that we presented in [8]-[10]. As the optimized DMD grows significantly with xM [9], in [10] we proposed to optimize the refractive index relative difference at the core center, Δ\(n_0\), which was fixed in [8] and [9]. However, as Δ\(n_0\) has a direct impact on the macro-bend losses (MBL) [11], we take into account such impact on the optimization function. The paper is organized as follows. Section 2 describes the profile considered and provides a theoretically explanation of the impact of Δ\(n_0\) on DMD and MBL. Section 3 presents the optimization function algorithm. Section 4 presents the optimization results. Section 5 summarizes the main conclusions of this paper.

2. Refractive-index Profile Description and Analysis
In this paper, we follow the mathematical description of the GCCT profile presented in [8]. The core is characterized by the Δ\(n_0\), the power-law exponent \(a\), and the core radius \(w_1\). The trench dimensioning is characterized by the radial distance to the end of the core, \(w_2\), the trench width \(w_3\), and the relative refractive index difference at the trench Δ\(n_\text{trench}\). During the optimization, the guided modes (LP\(\mu\nu\)) and their characteristics are calculated solving the Maxwell equations numerically using the method described in [12]. The LP\(\mu\nu\) mode
characteristics calculated are the effective index $\tilde{n}^{LPM}$, the effective group index $\tilde{\eta}^{LPM}$, the DMD and the MBL. The DMD of the LP$_{\ell \nu}$ mode is measured relatively to the LP01 mode and is given by 

$$\text{DMD}_{LPM}(\lambda) = \frac{[\tilde{n}^{LPM}(\lambda) - \tilde{\eta}^{01}(\lambda)]}{c}$$

where $\lambda$ is the wavelength and $c$ is the light velocity in vacuum. The MBL are calculated according to [11]. The dispersion properties of the doped silica have been modeled using the Sellmeier coefficients used in [8].

When designing a graded core fiber with a given number of modes, one must first choose the normalized frequency ($V$) value. $V$ is given by 

$$V = 2\pi n_c/\lambda (n_{\ell c} - n_{\nu c})^{1/2}$$

where $n_{\nu c}$ is the refractive-index value at the core center and $n_{\ell c}$ is the refractive-index value at the cladding. For each $xM$ fiber, we choose the highest possible $V$ value that guarantees the guidance of the first $x$ modes while cutting off the next higher-order modes [10], considering a GCCT profile with $\alpha = 2.3$ and $\Delta n_v = 0$. As a result, for 4M, 6M, 9M and 12M, the $V$ values are chosen to be 7.25, 9.00, 11.15 and 12.95, respectively. As a consequence, the $x$-modes have the highest possible $\tilde{n}^{LPM}$ values and are thus more strongly guided. Given $V$ and $\Delta n_v$, the $w_1$ value is obtained considering the lowest $\lambda$ of the C-band (1530 nm). Along this paper, references to a $\Delta n_v$ change imply a $w_1$ change such that $V$ remains constant.

In the following, the impact of $\Delta n_v$ value on the DMD of a GCCT profile is explained theoretically. The $\Delta n_v$ value limits the maximum difference possible between the effective indexes $\tilde{n}^{LPM}$, since $n_{\ell c} < \tilde{n}^{LPM} < n_{\nu c}$. Consequently, the $\Delta n_v$ value also limits the maximum difference possible between effective group indexes $\tilde{\eta}^{LPM}$, since $\tilde{\eta}^{LPM} = \tilde{n}^{LPM} + \lambda [d\tilde{n}^{LPM}/d\lambda]$. Noting that $\text{DMD}_{LPM}(\lambda) = [\tilde{\eta}^{LPM}(\lambda) - \tilde{\eta}^{01}(\lambda)]/c$, it can be concluded that the reduction of $\Delta n_v$ has the potential to further reduce the DMD values obtained in [9]. The drawback of the utilization of a low $\Delta n_v$ is related to MBL. According to [11], the power loss at bends increases with decreasing $\Delta n_v$ for a certain curvature radius and, as a consequence, low DMD and low MBL are opposite requirements. The trade-off between DMD and MBL on the optimization of $\Delta n_v$ is analyzed in Section 4.

3. Optimization Function and Algorithm

The optimization parameters can be gathered in a parameter vector ($pv$): $pv = [\alpha, \Delta n_v, w_2, w_3, \Delta n_c]$. The optimization function takes into account two figures: one related to DMD and another related to MBL. The DMD related figure is the maximum DMD among the guided modes and over the defined wavelength range ($maxDMD$), given by:

$$\text{maxDMD}(pv) = \max_{\lambda} \left[ \text{DMD}_{LPM}(\lambda, pv) \right]$$

The MBL related figure is the curvature radius ($R_c$) for 100 turns and MBL = 0.1 dB at 1625 nm. For a given $xM$ fiber, the $R_c$ of each mode is calculated and the highest value is considered. According to the ITU-T recommendation in [13], $R_c$ must be lower than or equal to 30 mm. The optimization function ($OF$) is given by (2) and the respective constraints are given by (3)-(8).

$$\beta = \begin{cases} 0, & \text{for } R_c \leq 30 \\ 1, & \text{for } R_c > 30 \end{cases} \quad \text{with } R_c \text{ in millimeter units.}$$

In (2), the $\varepsilon$ factor can be 0 or 1 in order to consider or ignore the $R_c \leq 30$ mm requirement. The $\beta(R_c - 30)/30$ factor in (2) introduces a penalizing factor for solutions with $R_c > 30$ mm, since $\beta$ is equal to 0 for $R_c \leq 30$ mm and equal to 1 for $R_c > 30$ mm. Note that, for each different $pv$ tested, if the number of modes is not the desired one the $\text{OF}$ value is set to infinity. Regarding the constraints, $\Delta n_v$ in (3) takes into account the difficulties of manufacturing fiber with $\Delta n_v$ lower than $1 \cdot 10^{-3}$, whereas $\Delta n_c$ is used as upper bound of $\Delta n_v$ taking into account that $\text{maxDMD}$ increases with $\Delta n_v$. (4)-(7) were defined in [8], (8) binds $\lambda$ to the C-band.

The optimization algorithm is designed taking into account that $\text{maxDMD}$ is a convex function of $(\alpha, \Delta n_v)$ [10]. Therefore, the search for the pair $(\alpha, \Delta n_v)$ that minimizes $\text{maxDMD}$ for a given $(\Delta n_v, w_2, w_3)$ point is done one dimension at a time using a golden section search (GSS). In order to find the full optimum $pv$ set, an exhaustive search (ES) is performed over $(\Delta n_v, w_2, w_3)$. The GSS optimizes $\alpha$ and $\Delta n_v$ with a termination
tolerance on max\textit{DMD} of 0.001 ps/km. The ES optimizes the $\Delta n_{co}$, $w_2$ and $w_3$ with tolerances of $5 \times 10^{-4}$, 0.25 $\mu$m and 0.5 $\mu$m, respectively. Further reducing these tolerances by a factor of 2 changed max\textit{DMD} negligibly.

4. Optimization Results

The optimization results are shown in this section. The max\textit{DMD} and $R_c$ are required to be equal or lower than 12 ps/km and 30 mm, respectively. Fig. 1 (a) and (b) show max\textit{DMD} and $R_c$ optimum values, respectively, as a function of the number of modes, obtained using OF with $\varepsilon = 0$ and $\varepsilon = 1$. Fig. 1 (a) and (b) show, respectively, that max\textit{DMD} and $R_c$ scale with the number of modes for a given $\Delta n_{co}$ value and $\varepsilon = 0$. Furthermore, Fig. 1 (a) and (b) show, respectively, that max\textit{DMD} decreases and $R_c$ increases with $\Delta n_{co}$ decreasing for a given number of modes and $\varepsilon = 0$, in line with the explanation provided in Section 2. In particular, with $\varepsilon = 0$, Fig. 1 (a) shows that the max\textit{DMD} requirement is not satisfied for $xM > 6$ with $\Delta n_{co} = 5 \times 10^{-3}$, and Fig. 1 (b) shows that the $R_c$ requirement is not satisfied for any number of modes with $\Delta n_{co} \leq 3 \times 10^{-3}$. Comparing the results shown in Fig. 1 obtained using $\varepsilon = 0$ and $\varepsilon = 1$, it can be concluded that the $R_c$ requirement can be satisfied from 4M to 12M with small max\textit{DMD} degradation (lower than 0.5 ps/km for $\Delta n_{co} = 1 \times 10^{-3}$). Therefore, Fig. 1 shows that the max\textit{DMD} and $R_c$ requirements are satisfied simultaneously for $1 \times 10^{-3} \leq \Delta n_{co} \leq 4 \times 10^{-3}$ from 4M to 12M. Moreover, it can be concluded that max\textit{DMD} cannot be reduced to negligible levels (max\textit{DMD} < 0.1 ps/km), as for 2M [8]. This limitation is explained noting that the field confinement effect of the trench affects each higher-order mode (LP02, LP21, LP12, LP31, ...) with different strength, since all have a considerable power concentration near the core boundary but different distributions [8]. Therefore, each mode has a different optimum trench dimensioning ($w_2$, $w_3$, $\Delta n_{co}$) and it is not possible to reduce the DMD of all modes to negligible values at the same time over the C-band. Fig. 2 shows the optimum trench dimensioning ($w_2$, $w_3$, $\Delta n_{co}$) as a function of the number of modes for $\Delta n_{co} \cdot 10^3 = \{1, 2, 3\}$. From Fig. 2 it can be seen that, for a given $\Delta n_{co}$, when increasing the number of modes the

![Figure 1](image1.png)

Figure 1. (a) max\textit{DMD} [ps/km] and (b) $R_c$ [mm] optimum values as a function of the number of modes for different $\Delta n_{co}$ values.

![Figure 2](image2.png)

Figure 2. Optimum trench dimensioning ($w_2$, $w_3$, $\Delta n_{co}$) as a function of number of modes for $\Delta n_{co} \cdot 10^3 = \{1, 2, 3\}$. (a) $w_2$, (b) $w_3$, and (c) $\Delta n_{co}$.
optimum trench gets farther away from the core (\( w_2 \) increases), narrower (\( w_1 \) decreases) and deeper (\( \Delta n_{co} \) decreases). This means that the guidance of higher-order modes with different spatial distributions alters significantly all the optimum trench dimensioning parameters (\( w_2, w_3, \Delta n_{co} \)), as explained above. Additionally, Fig. 2 shows that, for a given number of modes, when increasing \( \Delta n_{co} \) the optimum trench gets closer to the core (\( w_2 \) increases), wider (\( w_1 \) increases) and shallower (\( \Delta n_{co} \) increases).

The remaining properties of the optimized FMFs for \( \Delta n_{co} = 1 \times 10^{-3} \) and \( \varepsilon = 1 \) have been computed for 1550 nm: the chromatic dispersion (\( D \)), the chromatic dispersion slope (\( S \)) and the nonlinear coefficient (\( \gamma \)). The \( D \) value is around 22 ps/km/nm (from LP01 to the higher-order mode) for all the numbers of modes considered, only moderately higher than the dispersion of \( \sim 17 \) ps/(nm-km) characteristic of SSMF. The \( S \) value is around 0.06 ps/(nm²-km) (from LP01 to the higher-order mode) for all the number of modes considered, lower than the value of \(-0.08 \) ps/(nm²-km) typical of SSMF. The \( \gamma \) value for the LP01 mode (the most restrictive one) goes from 0.22 for 2M to 0.09 for 12M, significantly lower than the SSMF typical value of \( 1.3 \) W⁻¹/km, as expected due to the higher core radius.

As a main conclusion, the results presented in this section allow stating that optimizing \( \Delta n_{co} \) allowed to satisfy the requirements of \( \text{maxDMD} \leq 12 \) ps/km and \( R_c \leq 30 \) mm, which were not achievable in [9].

5. CONCLUSIONS

In this work, the design of FMFs with low DMD over the C-band was investigated considering a GCCT profile. The profile parameters were optimized obtaining the lowest \( \text{maxDMD} \) achievable for 4M to 12M, with \( R_c \leq 30 \) mm. The optimization results have shown that \( \text{maxDMD} \) and \( R_c \) scale with the number of modes. \( \Delta n_{co} \) was shown to be the most preponderant parameter of the GCCT profile, allowing reducing \( \text{maxDMD} \) at the expense of increasing \( R_c \). The optimization results obtained for the lowest \( \text{maxDMD} \) (ignoring the \( R_c \) value) have shown that, for \( \Delta n_{co} \leq 3 \times 10^{-3} \), the \( R_c \) requirement is not satisfied for any number of modes. On the other hand, optimizing simultaneously for low \( \text{maxDMD} \) and low \( R_c \), it was possible to satisfy the \( \text{maxDMD} \) and \( R_c \) requirements simultaneously for \( 1 \times 10^{-3} \leq \Delta n_{co} \leq 4 \times 10^{-3} \) from 4M to 12M, with a \( \text{maxDMD} \) penalty lower than 0.5 ps/km. For 12M and \( \Delta n_{co} = 1 \times 10^{-1} \), a \( \text{maxDMD} \) lower than 3 ps/km was obtained.

ACKNOWLEDGEMENTS

This work was supported in part by Coriant Portugal Unipessoal Lda., in part by the Fundação para a Ciência e Tecnologia under Grant SFRH/BDE/51094/2010, and in part by the 7th Framework Programme of the European Community, under Grant 258033 (MODE-GAP).

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